

Ruck The Bay 2019

WAIVER: It is expressly understood that Liberty House, The Erie United Methodist Alliance, The United Methodist Church, and any and all individuals or sponsors connected with this event shall not be held responsible for any loss/injury/accidents occurring before, during, and after this event and are thereby released from any and all liability of any kind and nature. I acknowledge that this is a strenuous activity and certify that I am in good health. I acknowledge that there are inherent dangers and risks associated with rucking. I consent to and permit emergency treatment in the event of injury or illness. The undersigned also agrees to release rights to and allow the use of any photographs or videos in which they appear. My signature indicates my acceptance of these conditions.

Name (please print): _____

Signature: _____

Parent/Guardian, if under 18 _____

Signature of Teammates: _____
